

# UPPER EAST SIDE

If you are homeless  
or hungry...

MARCH  
2024

# STREET SHEET



**NEIGHBORHOOD  
COALITION for SHELTER** [www.ncsinc.org](http://www.ncsinc.org)

Helping New Yorkers find their way home

## BREAKFAST

**MONDAY, WEDNESDAY,  
SATURDAY & SUNDAY**

**St. Bartholomew's Church**  
108 E. 51<sup>st</sup> St.  
(btwn Lexington & Park Aves.)  
Monday, Wednesday & Sunday:  
7:45–8:45am  
Saturday: 10:00–11:00am  
Carry out only

## LUNCH

**DAILY** (excluding holidays)

**New York Common Pantry\***  
8 E. 109<sup>th</sup> St.  
(btwn Madison & 5<sup>th</sup> Aves.)  
Monday–Friday, 2:30–3:30pm:  
Sit down or carry out  
Saturday & Sunday, 4:00–  
5:00pm: Brown bag lunch for  
carry out

**TUESDAY**

**St. James' Church\***  
865 Madison Ave. (at 71<sup>st</sup> St.)  
12:00–1:00pm: Sit-down or  
grab & go

**WEDNESDAY**

**Temple Shaaray Tefila**  
250 E. 79<sup>th</sup> St. (at 2<sup>nd</sup> Ave.)  
11:15am–12:00pm: Carry  
out only. Early arrival  
recommended

**FRIDAY**

**Unitarian Church of All Souls**  
1157 Lexington Ave & 80<sup>th</sup> St.  
11:30am–12:30pm: Grab & go  
hot meals

**SATURDAY**

**Manhattan Church of Christ**  
48 E. 80<sup>th</sup> St.  
(btwn Park & Madison Aves.)  
10:00am–12:00pm: Hot sit-  
down lunch, 4<sup>th</sup> floor

**City Relief** (formerly known as  
The Relief Bus)  
Salvation Army  
540 Malcolm X Blvd.  
(at 138<sup>th</sup> St.)  
11:00am–1:00pm

**SUNDAY**

**Temple Emanu-El**  
1 E. 65<sup>th</sup> St.  
(btwn Madison & 5<sup>th</sup> Aves.)  
12:00pm: Brown bag meals  
to go

\*See Help and Referrals for  
additional info

**NEIGHBORHOOD COALITION FOR SHELTER (NCS)**  
provides New Yorkers who are homeless or at risk of  
homelessness with a home, a community, and access to the  
services that they need to thrive. [www.ncsinc.org](http://www.ncsinc.org)

Information is current as of March 2024 and is subject to change.

## HELP & REFERRALS

**CRISIS INTERVENTION**

**Lifeline**  
800-543-3638, 24 hours, 7 days  
a week. Suicide prevention and  
crisis hotline, mental health  
and substance abuse info.

**Safe Horizon Hotlines**

Rape & sexual assault:  
212-227-3000. Crime victims:  
866-689-4357. Domestic  
violence: 800-621-4673.

**IMMIGRATION**

**Legal Services & Information  
on Legal Rights:** 1-800-566-  
7636 for info and referral,  
available in multiple languages

**Refugee Resettlement**  
212-419-3764

**Legal & Support Services for  
Unaccompanied Immigrant  
Children:** 1-888-996-3848

**English & Citizenship Prep  
Courses:** 929-504-2596

**LEGAL**

**Legal Aid Society**  
**Homeless Rights Project**  
800-649-9125  
Monday–Friday: 10am–3pm

**MEDICAL**

**Family Health Institute  
of Harlem**  
1824 Madison Ave.  
(at 119<sup>th</sup> St.) 212-423-4500  
Mon & Thurs: 8am–8pm  
Tues, Wed & Fri: 8am–5pm  
Walk-ins and appts available.

**Project Renewal Medical Van**  
In front of Bowery Harlem  
315 E. 115<sup>th</sup> St. (btwn 1<sup>st</sup>  
& 2<sup>nd</sup> Aves.) 646-737-3753  
Wednesday & Friday, 8–11am  
Walk in.

**MULTI-SERVICES**

**The Coalition for the Homeless**  
129 Fulton St. (at Nassau St.)  
Call 212-776-2000 for info.

**MULTI-SERVICES continued**

**NCS Connect Hotline**  
888-645-8570  
Tues: 11am–12pm (Eng/Span)  
& 5–7pm; Weds: 3–5pm;  
Thurs: 5–6pm (Eng/Span)

**New York Common Pantry**  
8 E. 109<sup>th</sup> (btwn Madison & 5<sup>th</sup>  
Aves.) Showers: Mon–Friday,  
8am–12:30pm; Laundry:  
Monday, Wednesday, Friday,  
Sign up by 10:30am; Haircuts:  
Thursday. Sign up by 10am.  
Date subject to change. Sign up  
for all services begins 8am.

**St. James' Church**  
865 Madison Ave. (at 71<sup>st</sup> St.)  
Samaritan's (free) Clothing  
Closet. Every 2<sup>nd</sup> and 4<sup>th</sup>  
Tuesday of the month,  
9–11am & 12:30–2:30pm.

**The Urban Outreach Center**  
1745 1<sup>st</sup> Ave. (btwn 90<sup>th</sup> &  
91<sup>st</sup> Sts.) Wednesday & Friday,  
9am–1pm. Clothing and food  
pantry, showers, referrals,  
supportive counseling, mail  
distribution and other services.

**SUBSTANCE ABUSE**

**NCS's Chance for Change  
Outpatient Substance  
Use Treatment**  
Madison Avenue Presbyterian  
Church  
921 Madison Ave. (at 73<sup>rd</sup> St.)  
Monday–Friday, 9am–5pm  
Call for info: 917-677-0723.

**AA Intergroup**  
212-647-1680. Call 7 days  
a week, 9am–2am for  
information on AA meetings  
and available detox beds.

**VETERANS**

**Department of Veterans  
Affairs**  
1-877-424-3838. Resources  
and referrals for homeless  
veterans.

## DROP-IN CENTERS

**Grand Central Neighborhood  
Mainchance Drop-in Center**  
120 E. 32<sup>nd</sup> St. (btwn Lexington  
& Park Aves.) 212-883-0680  
Multi-services for men &  
women 18+. Daily breakfast,  
lunch & dinner: 7–8:30am,  
12–1:30pm, 4–6pm. Chairs  
available for overnight shelter.

**The Antonio G. Olivieri Drop-  
in Center for Men and Women**  
257 W. 30<sup>th</sup> St. (btwn 7<sup>th</sup> & 8<sup>th</sup>  
Aves.) 212-947-3211: Intake  
4:30–5pm for overnight chair,  
leave by 8:30am. Showers  
available upon arrival (for  
clients only). Breakfast usually  
served in the mornings.

## OUTREACH PROGRAMS

**Goddard Riverside  
Homeless Outreach Project**  
Monday–Friday, 9:30am–  
5:30pm. Call 311 and ask for  
the homeless outreach team.

**New York City Hotline 311**  
Outreach teams are available  
24 hours, 7 days a week.

## HOMELESS SHELTERS

Homeless adults who have been to a shelter in the last 12  
months should go to that shelter. Others should go to an intake  
center. **Call 311 for info on the following:**

**INTAKE CENTERS**

**Adult Men and Families  
(no minors):**  
**30th Street Men's Shelter,**  
**Bellevue Assessment Center**  
400 E. 30<sup>th</sup> St. (at 1<sup>st</sup> Ave.),  
Manhattan, Subway: 6 to 28<sup>th</sup>  
St. Services include evaluation,  
program enrollment and  
referrals. Open 24/7.

**Adult Women: Franklin  
Women's Shelter**  
1122 Franklin Ave. (near E. 166<sup>th</sup>  
St.), Bronx. Subway: 2, 4, 5 to  
149<sup>th</sup> St., then #55 bus to 166<sup>th</sup>  
St. & 3<sup>rd</sup> Ave. Adult women only,  
no children. Open 24/7.

**Adult Women:**  
**HELP Women's Shelter**  
116 Williams Ave. (btwn  
Liberty & Glenmore Aves.),  
Brooklyn, Subway: C to Liberty  
Ave. Adult women only, no  
children. Open 24/7.

**Families with Children  
(under 18):**  
**Path Office**  
151 E. 151<sup>st</sup> St. (corner of  
Walton), Bronx.  
718-503-6400  
Subway: 2, 4, 5 to 149<sup>th</sup> St.  
Open 24/7.